

CENTRAL ATHLETIC CLUB, CHAGUANAS

JANUARY TO MARCH 2024

REGISTER ON RWBACADEMY.COM

N.B. No Learn to Swim Classes on 10 - 16 Feb

| Class | Start Date | End Date | Days | Start Time | End Time | New | Existing | Loyalty |
|--------------------------------------|-------------------|-----------------|-------------|-------------------|-----------------|------------|-----------------|----------------|
| SEA BABES 6 MTHS TO 2.5 YEARS | | | | | | | | |
| STAGE 1-3 | Sat 06-Jan | Thu 21-Mar | Sa | 11:00am | 11:30am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sun 07-Jan | Sun 10-Mar | Su | 9:30am | 10:00am | 1,099 | 699 | 549 |
| STAGE 1-3 | Mon 08-Jan | Wed 20-Mar | M & W | 4:30pm | 5:00pm | 1,499 | 1,099 | 899 |
| SEA SHELL 2.5 TO 5 YEARS | | | | | | | | |
| STAGE 1-3 | Mon 08-Jan | Mon 18-Mar | M | 5:30pm | 6:15pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Wed 10-Jan | Wed 20-Mar | W | 4:30pm | 5:15pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 4:30pm | 5:15pm | 1,499 | 1,099 | 899 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 11:00am | 11:45am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 1:00pm | 1:45pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sun 17-Mar | Su | 11:00am | 11:45am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sun 17-Mar | Su | 1:00pm | 1:45pm | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sat 16-Mar | Sa | 10:00am | 10:45am | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sun 17-Mar | Su | 10:00am | 10:45am | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sun 17-Mar | Su | 1:00pm | 1:45pm | 1,099 | 699 | 549 |
| STAGE 7-9 | Sat 06-Jan | Sun 17-Mar | Su | 10:00am | 10:45am | 1,099 | 699 | 549 |
| STAGE 7-9 | Sat 06-Jan | Sun 17-Mar | Su | 1:00pm | 1:45pm | 1,099 | 699 | 549 |
| SEA STAR 6 TO 12 YEARS | | | | | | | | |
| STAGE 1-3 | Mon 08-Jan | Mon 18-Mar | M | 4:30pm | 5:20pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Wed 10-Jan | Wed 20-Mar | W | 5:30pm | 6:20pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 4:30pm | 5:15pm | 1,499 | 1,099 | 899 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 9:00am | 9:45am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 10:00am | 10:50am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 1:00pm | 1:50pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 10:00am | 10:50am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sun 17-Mar | Su | 10:00am | 10:50am | 1,099 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sun 17-Mar | Su | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sat 16-Mar | Sa | 11:00am | 11:50am | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sat 16-Mar | Sa | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sun 17-Mar | Su | 11:00am | 11:50am | 1,099 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sun 17-Mar | Su | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 4-6 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 5:30pm | 6:20pm | 1,499 | 1,099 | 899 |
| STAGE 7-10 | Sat 06-Jan | Sat 16-Mar | Sa | 11:00am | 11:50am | 1,099 | 699 | 549 |
| STAGE 7-10 | Sat 06-Jan | Sat 16-Mar | Sa | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 7-10 | Sat 06-Jan | Sun 17-Mar | Su | 11:00am | 11:50am | 1,099 | 699 | 549 |
| STAGE 7-10 | Sat 06-Jan | Sun 17-Mar | Su | 2:00pm | 2:50pm | 1,099 | 699 | 549 |
| STAGE 7-10 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 5:30pm | 6:20pm | 1,499 | 1,099 | 899 |
| ADULT 13 & O YEARS | | | | | | | | |
| MASTERS | Mon 08-Jan | Wed 20-Mar | M & W | 7:30pm | 8:20pm | 1,299 | 1,099 | 899 |
| MASTERS | Mon 08-Jan | Wed 20-Mar | M & W | 7:30pm | 8:20pm | 1,299 | 1,099 | 899 |
| STAGE 1-3 | Mon 08-Jan | Mon 18-Mar | M | 5:30pm | 6:20pm | 899 | 699 | 549 |
| STAGE 1-3 | Wed 10-Jan | Wed 20-Mar | W | 6:30pm | 7:20pm | 899 | 699 | 549 |
| STAGE 1-3 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 5:30pm | 6:20pm | 1,299 | 1,099 | 899 |
| STAGE 1-3 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 6:30pm | 7:20pm | 1,299 | 1,099 | 899 |
| STAGE 1-3 | Sat 06-Jan | Sat 16-Mar | Sa | 1:00pm | 1:50pm | 899 | 699 | 549 |
| STAGE 1-3 | Sat 06-Jan | Sun 17-Mar | Su | 12:00pm | 12:50pm | 899 | 699 | 549 |
| STAGE 4-6 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 5:30pm | 6:20pm | 1,299 | 1,099 | 899 |
| STAGE 4-6 | Sat 06-Jan | Sat 16-Mar | Sa | 2:00pm | 2:50pm | 899 | 699 | 549 |
| STAGE 4-6 | Sat 06-Jan | Sun 17-Mar | Su | 12:00pm | 12:50pm | 899 | 699 | 549 |
| STAGE 7-9 | Sat 06-Jan | Sat 16-Mar | Sa | 2:00pm | 2:50pm | 899 | 699 | 549 |
| STAGE 7-9 | Tue 09-Jan | Thu 21-Mar | Tu & Th | 5:30pm | 6:20pm | 1,299 | 1,099 | 899 |