



SUMMONS

FINAL VERSION

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIP 2023

Hosted by Marlins Swim Club, 13th – 17th December 2023

The Aquatics Sports Association of Trinidad & Tobago extends a cordial invitation to you to participate in the Invitational Age Group Championships to be held in Trinidad from **Thursday, December 13th to Sunday, December 17th, 2023.**

RULES:

A. AGE GROUPS:

08 & Under 09 - 10 11 - 12 13 - 14 15 and Over

The Swimmer's age on December 31, 2022 determines the age group within which he/she is eligible to swim.

B: COMPETITION; VENUE and DATES

The championships will be conducted under the rules of the World Aquatics which shall be enforced by the Meet Referee for the particular session. The competition will be held at The Aquatic Center 10 lane 50-meter indoor Championship pool. An outdoor 50-meter warm down pool is available at the venue and the Omega Timing System will be in effect.

Schedule:

- | | | |
|-------|----------------------------|---|
| (i) | Arrival of Teams - | December 12 th , 2023 |
| (ii) | First day of competition - | December 13 th , 2023 |
| (iii) | Opening Ceremony - | December 14 th , 2023 at 5:40 p.m. |
| (iv) | Presentation of Awards - | December 17 th 2023 after events. |

C: ACCOMODATIONS:**1 METRO HOTEL**

Metro Hotel Couva Trinidad
 Website
 Directions
 Phone: (868) 221-5987

2 ROYAL HOTEL

Address: 46-54 Royal Road, San Fernando, Trinidad W.I.
 Phone: 1 868 652 3924
 Fax: 1 868 652 4881
 Email: info@royalhoteltt.com

3 CARA SUITES HOTEL

Cara Suites - Pointe a Pierre

Address: Southern Main Road, Claxton Bay, Trinidad Location:
 Caribbean >Trinidad and Tobago >Trinidad >Claxton Bay
 Price Range: \$116 - \$183 (Based on Average Rates for a Standard Room)
 Hotel Class:3 star — Cara Suites - Pointe a Pierre 3*
 Number of rooms: 100


4 TRADE WINDS HOTEL

Trade winds

36-40 London Street,
 St. Joseph Village,
 San Fernando,
 Trinidad West Indies.

 delia@tradewindshotel.com

[1\(868\) 652 9463](tel:18686529463)

 [1\(868\) 652 9463](tel:18686529463)

<http://www.tradewindshotel.com>

5 PARIA SUITES HOTEL & CONFERENCE CENTRE

Paria Suites Hotel
 South Trinidad
 Address: South Trunk Road La Romaine
 Phone:(868) 679-1442/3

6 Sun Flower Apt Couva

51 la Croix St
 Couva.
 Tell 290-2522 or 366-3769
 Wendymangra@gmail .com

One-bedroom apartment
 Full furnished price 70us
 12 min from
 The National Aquatic Center
 3min from Super market

D: TRANSPORTATION:

For transfers to and from Piarco International Airport as well as transfers from the respective hotels to the pool please contact the following:

- (i) Ms. Queenie Tel #:1- 868-759-6716
- (ii) Peter Matthews Limousine & General Services Limited Tel #: 868-633-6263
 (Affiliated to the World Aquatics, Pan Am Aquatics, CCCAN, and Trinidad and Tobago Olympic Committee)

E: QUALIFICATIONS:

Competitors must be registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ASATT for the year 2023, and overseas teams must present to the Organizing Committee the sanction letter from their National Federation.

F:**REGISTRATION AND ENTRIES:**

Entries must be made in *Hy-Tek Meet Manager* format. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail and will be posted on www.marlins-tt.com or www.swimtt.com. **Entries being sent to adm.asatt@gmail.com** must be in the hands of the Organizing Committee by Tuesday November 28th, 2023. Entries not submitted in the prescribed entry forms or Meet Manager format will not be accepted.

| | |
|--|--|
| Mailing Address: Marlins Swim Club St. Anthony's College Morne Coco Road Diego Martin Trinidad W.I. E-mail: marlinstt@gmail.com | Telephone Contacts: Joseph Mcleod 1-868-299-2336 Bertram Blackman 1- 868-785- 2387 Peter Gillette 1-868-680-2760 Dinora Gill 1-868-689-2596 |
|--|--|

The following rules will apply to entries:

1. There is **NO** limit to the number of swimmers that a club may enter in the individual events; however, only the fastest two swimmers will score points for the club. There shall be neither substitutes nor alternates in individual events.
2. Each club may enter multiple teams per relay event. However, only one relay team per club will be allowed to score for points. Each club will designate the scoring relay as the "A" relay.
3. There shall be no restriction on the number of events within which a competitor may participate.
4. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
5. The 2nd year 9 - 10 age group swimmers, who will be swimming in the 11 - 12 age group in 2024, will be permitted to swim as exhibition swimmers in the 11 -12 age group for the events that are not available at the 9 - 10 age group.
6. The fees are as follows:
 - (i) TT\$100.00 - Team Fees
(US\$16.00)
 - (ii) TT\$15.00 - Entry fee per event per swimmer (US\$3.00)
 - (iii) TT\$30.00 -Per entry for relay team
(US\$5.00)
 - (iv) TT\$24.00 - Penalty fee for swimmers who fail to scratch, or fail to swim
(US\$4.00) This penalty must be paid before the swimmer is permitted to swim further in this Meet and subsequent ASATT Meets.
 - (vi) TT\$24.00 - Penalty fee for swimmers who fail to achieve the qualifying
(US\$4.00) time in a given event. This penalty fee must be paid before the swimmer is eligible to swim further in this Meet and subsequent ASATT Meets.

Spectators TT \$20.00 Adults TT \$10.00 Children (over 5 to16 years). Programs TT\$10.00

7. Entry fees are due by Thursday 05th December 2023. **Team entry reports will be posted on the websites, emailed or faxed to the respective Clubs by Friday, December 08th 2023.**

All participating clubs are asked to indicate any discrepancies in the team listing by **Sunday, December 10th, 2023 at 6:00pm.**

If no acknowledgement of errors is received by this date the Association will assume that the entry report was correct. The psyche sheet will be posted on the website www.marlinstt.com and www.swimtt.com by **Monday 11th, December 2023.**

G: AWARDS:

1. Medals will be awarded to the first three (3) places in each event. Certificates will be awarded to 4th to 8th place.
2. A Trophy will be awarded to the team gaining the highest aggregate of points. Team points will be accumulated in all events.
3. Trophies will be awarded in each age group category to the top three swimmers with the highest aggregate of points. Relays will not count toward individual scoring.
Please note that there are no ties for the age-group high-point awards. In the event of more than one swimmer amassing the same number of points at the end of the meet, the swimmer with the higher number of individual victories will be given the award. Should there be an equal number of victories, the number of second place finishes; third place etc. shall be the determining factor.

SCORING SHALL BE AS FOLLOWS:

| | | | |
|--------------|----------|---------------|----------|
| First Place | 9 points | Fifth Place | 4 points |
| Second Place | 7 points | Sixth Place | 3 points |
| Third Place | 6 points | Seventh Place | 2 points |
| Fourth Place | 5 points | Eight Place | 1 point |

Double points for relays.

H: DISQUALIFICATIONS:

The championships will be conducted under the rules of the World Aquatics which shall be enforced by the Meet Referee for the particular session. All other matters will be governed by Meet Referee in consultation with the Meet Manager in keeping with the standards of the Aquatics Sports Association of Trinidad & Tobago. A Jury of Appeal will be appointed to consider any appeals against a decision of these Officers.

Any action which in the opinion of the Referee is detrimental to the running of the Championships may result in the disqualification of the swimmer from the event, and if repeated, from the remainder of the Championships. Official results will be posted and time marked.

J: PROTEST:

Protests will be allowed for the following:

- a) If the rules and regulations for the conduct of the competitors are not observed,
- b) If other conditions endanger the competitions and/or competitors,
- c) Against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- d) Result posted relative to an event

result. Submitting of a Protest:

If conditions causing a potential protest are noted prior to the event, a verbal protest must be lodged to the Meet Referee before the signal to start the event is given.

All protest to an event result must be made by the Clubs' Official Coach or Manager within thirty minutes (30) of the official time mark of the posted results. Such protest must be submitted in writing to the ASATT Administrative Manager in the Timing Control Room.

All protest to the Referees' Decision must be submitted in writing to the Meet Referee within 30 minutes after the event.

All protest must be signed by the Clubs' Official Coach or Manager accompanied by a fifty dollars (TT\$50.00) or (US\$8.00) fee payable to A.S.A.T.T If the protest is upheld, the fee will be returned to the respective club official representative.

K: SWIMWEAR:

The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and not to carry any symbol which may be considered offensive. (GR 5.1)

Swimsuits shall be non-transparent. It is permissible to wear two caps (GR 5.2). The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this rule (GR 5.3).

All swimwear used shall be swimwear approved by World Aquatics in accordance with the rules and procedures set forth in the World Aquatics Requirements for Swimwear Approval (FRSA) issued by the World Aquatics Bureau and valid on the date of approval. A list of approved swimwear is published by World Aquatics (the Approved List) each year before December 31 and is valid starting from January 1 of the subsequent year (BL 8.1).

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit (BL 8.2). Swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials (BL 8.3).

L: JURY OF APPEAL:

There shall be a Jury of Appeal to adjudicate on all matters against a Referees' rejection of a protest. The Jury of Appeal shall be comprised of three (3) persons as follows: one (1) ASATT Executive Member and two (2) representatives drawn from the pool of nominees submitted by Clubs (one being a Coach with no affiliation with the appeal sent).

Each Club is entitled to nominate a representative to serve on the Jury of Appeal. Nominations shall be submitted in writing and should be submitted on the Volunteer Form attached.

M: OFFICIALS:

The Aquatics Sports Association of Trinidad and Tobago (A.S.A.T.T.) will be responsible for appointing the meet referee, starter and control room supervisor.

Marlins Swim Club will be responsible for appointing the Jury of Appeal and coordinating the selection of and schedule for the timekeepers, stroke judges, turn judges, chief timekeeper and clerk of course.

Participating Clubs will be responsible for submitting prior to the start of the meet, names of personnel from their individual clubs to serve as timekeepers, stroke judges, turn judges, and any other necessary officials during the meet.

Officials are requested to be present no later than thirty minutes (30) before the start of the session for which they have volunteered to work.

A Volunteer Form for Officials is included with this Summons.

N: TIME TRIALS:

Any request for Time Trials on any particular day must be made prior, by 6pm on the previous day before, to the ASATT Administrative Manager. **Time trials during this meet will only be accommodated to facilitate swimmers attempting to achieve standard qualifying times for Regional or International meets.**

O: TECHNICAL MEETING:

A short briefing will take place on the pool deck for all coaches and team officials prior to the start of session 1 on Wednesday, December 13th 2023.

P: PROGRAMME:

There will be no heats or preliminaries. All entries will be timed finals. "Over the top starts" for all Freestyle, Breaststroke, Fly and I.M. events.

Q: ORDER OF EVENTS:

1. Timed Finals shall commence at 6:00 p.m. on the 1st and 2nd days and at 5:00 p.m. on the other two (2) days. Morning events will commence at 9:00 a.m.
2. The pool will be opened one and a half (1½) hours before each competition for warm up. **Please note that there will be open warm-up with designated sprint and pace lanes to be restricted for that use only from 45 minutes before start of competition.**
3. The 11-12, 13-14 and 15 & Over 800(male/female)/1500m(male/female) Freestyle events will be swum combined/mixed for seeding purposes but will be scored according to gender and age group.

4. All 200m events, excluding freestyle and IM and all 400m events will be swum combined/mixed for seeding purposes for age groups for seeding purposes for age groups 11-12 to 15 & Over, but will be scored separately per age group. The top 24 times received will form these events i.e. maximum 3 heats per event.
5. Intermissions would be held at the discretion of the Meet Manager in consultation with the Meet Referee.

R: QUALIFYING TIMES:

Swimmers must achieve the following qualifying times in a Long Course Pool or the converted equivalent in a Short Course Pool. Failure to achieve the qualifying standards would render a swimmer ineligible to score both team and individual points in that particular event. The converted times are as follows:

| FEMALE 9 TO 10 | MALE | FEMALE E 13 TO 14 | MALE M |
|-----------------------|-------------|--------------------------|---------------|
| 00:49.00 50 FR | 00:47.33 | 00:38.20 50 FR | 00:35.20 |
| 01:38.37 100 FR | 01:36.54 | 01:21.63 100 FR | 01:13.88 |
| 03:19.18 200 FR | 03:10.54 | 02:51.68 200 FR | 02:44.00 |
| 00:52.68 50 FL | 00:50.99 | 06:10.00 400 FR | 05:55.00 |
| 00:53.50 50 BK | 00:52.00 | 12:30.00 800/1500 FR | 21:00.00 |
| 00:58.50 50 BR | 00:56.74 | 50 BK | 00:39.99 |
| 03:45.40 200 IM | 03:39.35 | 01:35.49 100 BK | 01:26.50 |
| | | 03:08.00 200 BK | 02:53.00 |
| | | 00:41.27 50 FLY | 00:37.02 |
| 11 TO 12 | | 01:33.00 100 FLY | 01:24.68 |
| 00:42.09 50 FR | 00:38.43 | 03:32.00 200 FLY | 03:20.00 |
| 01:30.89 100 FR | 01:19.29 | 00:50.77 50 BR | 00:45.36 |
| 02:55.07 200 FR | 02:47.15 | 01:45.07 100 BR | 01:34.10 |
| 06:30.00 400 FR | 06:15.00 | | |
| 12:30.00 800/1500 | 21:00.00 | | |
| FR | | | |
| 00:48.27 50 BK | 00:44.82 | 03:50.00 200 BR | 03:30.00 |
| 01:42.51 100 BK | 01:39.34 | 03:33.00 200 IM | 03:10.50 |
| 03:14.93 200 BK | 03:02.52 | 06:50.00 400 IM | 06:10.00 |
| 00:48.63 50 FLY | 00:45.15 | | |
| 01:41.54 100 FLY | 01:35.27 | 15 & Over | |
| 03:40.00 200 FLY | 03:30.00 | 00:37.14 50 FR | 00:33.41 |
| 00:52.32 50 BR | 00:49.28 | 01:19.86 100 FR | 01:10.00 |
| 01:54.55 100 BR | 01:45.04 | 02:38.03 200 FR | 02:22.80 |
| 04:00.00 200 BR | 03:42.00 | 05:50.00 400 FR | 05:35.00 |
| 03:35.95 200 IM | 03:10.42 | 12:30.00 800/1500 FR | 21:00.00 |

| | |
|-------------------------|-----------------|
| 00:39.85 50 BK | 00:37.63 |
| 01:31.50 100 BK | 01:22.99 |
| 03:03.00 200 BK | 02:47.00 |
| 00:36.64 50 FLY | 00:33.54 |
| 01:29.36 100 FLY | 01:12.23 |
| 03:20.00 200 FLY | 02:55.00 |
| 00:46.49 50 BR | 00:41.12 |
| 01:40.00 100 BR | 01:28.77 |
| 03:40.00 200 BR | 03:01.57 |
| 03:20.00 200 IM | 02:56.26 |
| 06:25.00 400 IM | 06:00.00 |

ASATT INVITATIONAL SWIMMING CHAMPIONSHIPS
14th – 17th DECEMBER 2023
ORDER OF EVENTS

Day 1 Wednesday 13th December 2023

Warm-up 4:30 p.m. – 5:50 p.m.; Competition Start 6:00 p.m.

| | | | | | | |
|---------|--|-------|--|-------------------|--|------------------|
| 1 | | 1500m | | Freestyle | | 11 & Over Mixed |
| 43 | | 400m | | Individual Medley | | 11 & Over Female |
| 3 – 4 | | 50m | | Backstroke | | 08 & Under |
| 5 - 6 | | 50m | | Backstroke | | 09 – 10 |
| 7 – 8 | | 50m | | Backstroke | | 11 – 12 |
| 9 – 10 | | 50m | | Backstroke | | 13 – 14 |
| 11 – 12 | | 50m | | Backstroke | | 15 & Over |
| 13 – 14 | | 200m | | Butterfly | | 11 & Over |

Day 2 Thursday 14th December 2023

Warm-up 4:00 p.m. – 5:30 p.m.; Competition Start 6:00 p.m.

| | | | | | | |
|---------|--|----------|--|-----------------|--|------------|
| 15 – 16 | | 100m | | Freestyle | | 08 & Under |
| 17 – 18 | | 100m | | Freestyle | | 09 – 10 |
| 19 – 20 | | 100m | | Freestyle | | 11 – 12 |
| 21 – 22 | | 100m | | Freestyle | | 13 – 14 |
| 23 – 24 | | 100m | | Freestyle | | 15 & Over |
| 25 – 26 | | 200m | | Breaststroke | | 11 & Over |
| 27 – 28 | | 50m | | Butterfly | | 08 & Under |
| 29 – 30 | | 50m | | Butterfly | | 09 – 10 |
| 31 – 32 | | 50m | | Butterfly | | 11 – 12 |
| 33 – 34 | | 50m | | Butterfly | | 13 – 14 |
| 35 – 36 | | 50m | | Butterfly | | 15 & Over |
| 37 – 38 | | 4 x 100m | | Freestyle Relay | | 11 – 12 |
| 39 – 40 | | 4 x 100m | | Freestyle Relay | | 13 – 14 |
| 41 – 42 | | 4 x 100m | | Freestyle Relay | | 15 & Over |

Day 3 Saturday 16th December 2023**Morning Warm-up 7:30 a.m. – 8:50 a.m.; Competition Start 9:00 a.m.****Afternoon Warm-up 3:30 p.m. – 4:50 p.m.; Competition Start 5:00 p.m.**

| | | | | | |
|----------------|--|----------------|--|--------------------------|----------------------------|
| AM | | | | | |
| 81 | | 800m | | Freestyle | 11 & Over Mixed |
| 44 | | 400m | | Individual Medley | 11 & Over Male |
| 45 – 45 | | 200m | | Freestyle | 09 – 10 |
| 47 – 48 | | 200m | | Freestyle | 11 – 12 |
| 49 – 50 | | 200m | | Freestyle | 13 – 14 |
| 51 – 52 | | 200m | | Freestyle | 15 & Over |
| PM | | | | | |
| 53 – 54 | | 100m | | Butterfly | 11 – 12 |
| 55 – 56 | | 100m | | Butterfly | 13 – 14 |
| 57 – 58 | | 100m | | Butterfly | 15 & Over |
| 59 – 60 | | 50m | | Breaststroke | 08 & Under |
| 61 – 62 | | 50m | | Breaststroke | 09 – 10 |
| 63 – 64 | | 50m | | Breaststroke | 11 – 12 |
| 65 – 66 | | 50m | | Breaststroke | 13 – 14 |
| 67 – 68 | | 50m | | Breaststroke | 15 & Over |
| 69 – 70 | | 200m | | Backstroke | 11 & Over |
| 71 – 72 | | 4 x 50m | | Medley Relay | 08 & Under |
| 73 – 74 | | 4 x 50m | | Medley Relay | 09 – 10 |
| 75 – 76 | | 4 x 50m | | Medley Relay | 11 – 12 |
| 77 – 78 | | 4 x 50m | | Medley Relay | 13 – 14 |
| 79 – 80 | | 4 x 50m | | Medley Relay | 15 & Over |

Day 4 Sunday 17th December 2023

Morning Warm-up 7:30 a.m. – 8:50 a.m.; Competition Start 9:00 a.m.

Afternoon Warm-up 3:30 p.m. – 4:50 p.m.; Competition Start 5:00 p.m.

| | | | | | |
|------------------|--|----------------|--|--------------------------|----------------------------|
| AM | | | | | |
| 82 | | 400m | | Freestyle | 11 & Over Mixed |
| 83 – 84 | | 200m | | Individual Medley | 08 & Under |
| 85 – 86 | | 200m | | Individual Medley | 09 – 10 |
| 87 – 88 | | 200m | | Individual Medley | 11 – 12 |
| 89 – 90 | | 200m | | Individual Medley | 13 – 14 |
| 91 – 92 | | 200m | | Individual Medley | 15 & Over |
| PM | | | | | |
| 93 – 94 | | 100m | | Backstroke | 11 – 12 |
| 95 – 96 | | 100m | | Backstroke | 13 – 14 |
| 97 – 98 | | 100m | | Backstroke | 15 & Over |
| 99 – 100 | | 50m | | Freestyle | 08 & Under |
| 101 – 102 | | 50m | | Freestyle | 09 – 10 |
| 103 – 104 | | 50m | | Freestyle | 11 – 12 |
| 105 – 106 | | 50m | | Freestyle | 13 – 14 |
| 107 – 108 | | 50m | | Freestyle | 15 & Over |
| 109 – 110 | | 100m | | Breaststroke | 11 – 12 |
| 111 – 112 | | 100m | | Breaststroke | 13 – 14 |
| 113 – 114 | | 100m | | Breaststroke | 15 & Over |
| 115 – 116 | | 4 x 50m | | Freestyle Relay | 08 & Under |
| 117 – 118 | | 4 x 50m | | Freestyle Relay | 09 – 10 |
| 119 – 120 | | 4 x 50m | | Freestyle Relay | 11 – 12 |
| 121 – 122 | | 4 x 50m | | Freestyle Relay | 13 – 14 |
| 123 – 124 | | 4 x 50m | | Freestyle Relay | 15 & Over |

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIP 2023

Thursday 13th to Sunday 17th December, 2023

CLUB REGISTRATION FORM

CLUB: _____

HEAD COACH: _____

Club's email address: _____

Number of swimmers _____

Number of Individual entries: _____

FEES

| | |
|---|--------------|
| Club Team entry fee @TT \$100.00 (US\$16.00) | = |
| No. of Individual Entries @TT\$15.00 (US\$3.00) X | = |
| No. of Relay Entries @ TT\$30.00 (US\$5.00) X | = |
| Total | = \$ _____ - |

Payments can be made on the first day of the meet. ***Please make cheque payable to Marlins Swim Club.***

| | |
|-------------------------------------|----------------------------------|
| <i>For Official Use only</i> | |
| No. of Swimmers: ----- | Amount Received: ----- |
| Date received: | Amount Outstanding: ----- |

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIP 2023Thursday 13th to Sunday 17th December, 2023**APPLICATION FORM FOR VOLUNTEER OFFICIALS**

CLUB NAME: _____

| Name | Contact phone number | Role Requested | Tick off the sessions you will be able to work | | | |
|------|-------------------------|----------------|---|-----|------------|------------|
| | | | Thu | Fri | Sat | Sun |
| | | | pm | pm | am / pm | am / pm |
| | | | | | | |
| | | | | | | |
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